

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 14 Mar 6.00 pm	Vigil for the 3rd Sunday of Lent Mass <i>Peter Scully. RIP</i>
Sun 15 Mar 08.00 am 10.30 am	The 3rd Sunday of Lent Mass <i>Martin & Angela Davis. Intentions</i> Mass <i>Our Parish Community</i>
Mon 16 Mar 09.30 am	Weekday of Lent Mass <i>Aleyne Fontenelle. RIP Anniversary</i>
Tues 17 Mar 09.30 am	St Patrick, Bishop & Apostle of Ireland Mass <i>Simon Fernandes. RIP</i>
Wed 18 Mar 09.30 am	Weekday of Lent Mass <i>Sr Mary James. Intention</i>
Thur 19 Mar 09.30 am	St Joseph, Husband of the Blessed Virgin Mary Mass <i>Anton Jesudasan. RIP</i>
Frid 20 Mar 09.30 am 7.30 pm	Weekday of Lent Mass <i>Roseleen Roden. RIP Anniversary</i> <i>Stations of the Cross</i>
Sat 21 Mar 5.00 pm	Weekday of Lent <i>Holy Hour with Exposition & Confessions</i>
Sat 21 Mar 6.00 pm	Vigil for the 4th Sunday of Lent (Laetare Sunday) Mass <i>Our Parish Community</i>
Sun 22 Mar 08.00 am 10.30 am	The 4th Sunday of Lent (Laetare Sunday) Mass <i>Gwilym Michael. RIP Anniversary</i> Mass <i>David & Timmy Leahy. RIP Anniversary</i>

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.



PARISH NEWSLETTER

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THE 3RD SUNDAY OF LENT (YEAR A) - 15 MARCH 2020

Today we begin a series of three gospel readings from St John's gospel that have been linked with Lent from at least the seventh century. Nowadays, they are assigned just to the first year of the three-year cycle, as well as to those communities with candidates for baptism at Easter, since these readings have a special resonance for those journeying towards baptism. Towards the end of John's gospel we find an observation that the whole world could not contain the books that would be required if everything Jesus did were to be written down. This gospel instead focuses on a handful of interactions with Jesus and certain individuals he meets. As we see today, these encounters, described in some detail, are occasions of profound significance for those who meet Jesus and are led by him on a journey of deepening faith.

The focus of the encounter with the Samaritan woman at the well is on water, and more specifically thirst. Thirst is a response to a need which has not yet been met and has a sense of great urgency; it is an even more powerful instinct than hunger. When we thirst for something, we are desperate for it, and can think of little else until that need is met.

Jesus says to the woman 'I am thirsty'. He will say those words again on the cross. But turning things around Jesus offers to quench the woman's thirst, and in a permanent way.

At the well Jesus is thirsting not so much for water but for the woman's faith; on the cross, he thirsts for all of us. We are what he desires more than anything. As he hangs on the cross, he wants nothing more than for each one of us to receive the gift of salvation which his suffering and death procured for us. He does not wish to die in vain.

The woman's response mirrors the journey by which many people come to an initial faith in Christ. There is first of all an unidentified need which cannot be met by anything in this world: we might try and satisfy this

need in all sorts of ways, but nothing quite hits the spot. Then our curiosity is piqued by something someone says, or an act of kindness, or a person who seems to have a certain depth to their life, and we want to know more. As we come to know and trust this person, we might allow ourselves to give some credence to what seems to be the guiding principle of their life, and so tentatively move closer to a position of faith. As we come to know the living God through his son Jesus Christ, there wells up within us a desire to turn away from all false worship, to repent of our sins and worship God in truth. And having quenched our thirst, even though we are only just the person of Christ, we have a desire to share what we have found with others.

For those who are already baptised, this season is a time to take more seriously the call to discipleship and prepare to renew our commitment to Christ and to his body the church. Whether baptised or preparing for baptism or at the very beginning of the journey of faith we are invited to examine ourselves carefully, and honestly reflect on the deepest longings of my heart, and the fact that I may have been trying to quench my thirst from a source that cannot truly satisfy. Let us ask, what do I still need to let go of in order to orient my life completely to Christ?

Fr Matthew

Church Rotas

This Week: Cleaning - Team C.

Weekend of 21-22 Mar: Readers (R); Eucharistic Ministers (EM).

6.00 pm: (R) Giuseppe. (EM) Maire.

08.00 am: (R) Angela. (EM) Gilbert.

10.30 am: (R) Carmel, Julia. (EM) Petrona.

Small Linen Laundry - Jini. Flowers - No Flowers in Lent.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES IN MARCH Charlotte Allen, Sofia Delfina Almeida, Francis Amoordon, Billy Brennan, Tony Chainey, John Cahill, Val Carter, Esther Deshaut, Myles Gibbons, Bill Guise, John McGrory, Kathleen Miley, Peter Murphy, Dorothy Newton, Mick Newton, James Nolan, Richard O'Driscoll, Michael O'Neill, Henry Phillips, Charles Roberts, Alice Santos, Maura Swatts and Ann Zammitt. .

BAPTISM PREPARATION If you are expecting a baby or have a baby for baptism in the next couple of months, please speak to Fr Matthew in the first instance who will help you make the appropriate arrangements.

MASS REQUESTS Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

CHURCH CAR PARK Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please park only in the designated spaces and remember to leave your details at the Parish Office if you are leaving your car here outside of Mass times.

CHURCH GROUNDS Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY Tea & coffee will once again be available in the Hall **next week** after Mass.

NEW PARISHIONERS You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

Meetings this Week

Tuesday Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.

CORONAVIRUS UPDATE

The Bishops' Conference has instructed all parishes to take a number of additional steps, in the light of the growing number of cases. The most important point is that anyone who is unwell with flu-like symptoms, along with anyone who is required to self-isolate, and anyone who is especially vulnerable to an infection, **must not come to Mass**. The Sunday obligation **does not apply** in these situations. If you are affected, you might like to make use of the live streaming service offered by our neighbouring parish of Ss Peter and Paul, Ilford (<http://ssppilford.org.uk/wp2/live-stream-church/>). If you have your own hand sanitiser (recognising that these are in short supply) you are encouraged to use it when you get to church, if not then please at least wash your hands before leaving home, and wash your hands after using public transport (a toilet with hand-basin is available through the Sacristy). The following measures will be followed at all Masses to reduce the risk of spreading the virus: Holy water is no longer available in the Porch (if you require some holy water for home use please speak to Fr Matthew). Hymn books will not be used, and we will be introducing single-use Service sheets. The sign of peace is to be shared without physical contact. Holy Communion will be in one kind only (those who ordinarily receive the host on the tongue are asked to receive in the hand at the present time). Special arrangements will be in place for the collection – the ordinary collection for the church will now be taken as a retiring collection rather than during the offertory; please put your offering (in one of your regular giving envelopes if applicable) in the basket on your way out.

Parish - In & Around

SUNDAYS IN LENT At the **10.30 am Mass during Lent** we use a plainchant setting for certain parts of the Mass, which will be sung in Latin (Greek for the Kyrie). You can find the words and music in the single use Service Sheet.

COFFEE MORNING *This Sunday (15 March) after the 10.30 am Mass*, the St Teresa's Ladies Guild will be having a coffee morning to raise funds for Medaille Trust, a charity which exists to provide refuge & freedom to victims of modern slavery. Raffle tickets will be on sale after all Masses at the weekend with the 1st Prize being a £25 M&S Gift Voucher plus several other prizes including a luxury Easter egg! Along with raffle tickets, the ever-popular Easter Chicks & Novelties with Chocolate at £1 each will be on sale with all proceeds going to charity. So, please try and support this fundraising effort and, if you can, do try also to come along to the Hall itself after the 10.30 am Mass.

OFFERTORY COLLECTION The Offertory collection (inc. Standing Orders) for **last weekend amounted to £1,076.16 of which 66% was "Gift Aided"**. Thank you all for your continued generosity and support. Please remember too that there are significant benefits to the parish if you make your regular offertory donation by a Standing Order. So, do please consider making the change as soon as you are able.

CAFOD LENTEN FAMILY FAST DAY Donations received over the past two weekends for the Lenten Family Fast Day **totalled £238.97**. Many thanks for your generosity.

LENTEN ALMS GIVING There are still plenty of CAFOD boxes at the back of the Church for any of your loose change that might accumulate during the remainder of Lent. Please take one away with you and, if you give up sweets, cigarettes etc for Lent, then perhaps you might think about putting the money saved in the CAFOD box to help the more unfortunate people in the world. You should then bring your box back to the Church **on Maundy Thursday for the Mass of the Last Supper**. If you cannot attend that Mass, then please remember to bring the box back at any Mass over Easter and place it in the Offertory collection basket. Remember, your small change can make a big change.

STATIONS OF THE CROSS This traditional devotion takes place **this coming Friday, (13 March) at 7.30 pm** and lasting about half an hour.

“GIFT AID” ENVELOPES If you currently use the parish “*Gift Aid*” envelopes for your Offertory donations, your box of envelopes for the coming financial year will be available for collection from the Pastoral Centre **this weekend, (14/15 March)**. Pat Callaghan, who looks after the parish finances, will be on hand to answer any questions you may have about the “*Gift Aid*” scheme itself or how to set up a Standing Order for your Offertory donations. If you are a taxpayer and currently don’t use the “*Gift Aid*” scheme, then please consider doing so now. It’s a wonderful way of supporting your Church and Parish and makes a huge difference to parish funds. And it won’t cost you a penny more – that’s a promise!

RAMFEL Donations of non-perishable food for the RAMFEL Foodbank may be left in the Sacristy **next weekend**, to support refugee families living in our local area. Cereal, rice, tuna, biscuits, tinned tomatoes, long-life milk and orange juice are especially welcome. Unfortunately, RAMFEL is currently unable to accept donations of clothing. For more information please visit www.ramfel.org.uk/wordpress/news/

RICH MAN POOR MAN MEAL In the light of the recent instructions from the Bishops’ Conference concerning the coronavirus outbreak, the annual Lenten “Rich Man Poor Man Meal”, which was due to take place on Saturday, 28 March, **has, regrettably, had to be cancelled.**

UNLOCKING THE MYSTERY OF THE BIBLE Learn more about the bible during this “Year of the Word” with an 8-part journey through salvation history. The next session will be **on Thursday, 02 April at 7.30 pm in the Parish Hall**

TWIN PARISH Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Mandla Makhanya.

HOLY SOULS The practice of offering the holy Mass for the repose of the souls of our departed relatives and friends originates in the early church and is deeply rooted in our catholic culture. Both as an act of charity and as a practical act of mercy, we might also care to remember in this way all the forgotten souls in purgatory. The Donations box on the counter at the back of the church by the Repository has a section that is marked for the “Holy Souls”. All the donations put into that part of the box are used exclusively for Masses to be said for the Holy Souls here in St Teresa’s or, are sent to Missio, for the Masses to be said in a mission diocese overseas.

POOR BOX The Donations box on the counter at the back of the church by the Repository has a section that is marked for the “Poor”. All the donations put into that part of the box are used exclusively to help those in need especially those who occasionally call at the Presbytery seeking assistance.

Any contributions would, of course, be most welcome and gratefully received.

LIFTS TO CHURCH For some people getting to church, whatever the weather, is a genuine concern. It may be that some of you are in a position to offer a lift or would very much like a lift to church, particularly when the weather is bad. This is also a good way of getting to know others in the parish. If you are able to offer a lift to someone on a regular basis, or if you could really do with a lift to church, please contact the Parish Office. If we can find a suitable match, we will then facilitate an introduction.

CHURCH CLEANING A reminder that we are still looking for offers of help to undertake a more regular clean of the church brass etc. If you would think you could help out on this important task or would like more details, please speak to Fr Matthew.

MAINTENANCE MATTERS If parishioners have any suggestions for works/defects which they think need attention either in the Church, Parish Hall, Pastoral Centre or grounds please let the Fr Matthew. or the Parish Secretary, know either in person, or by email to stteresas.np@gmail.com. Suggestions will be considered and prioritised according to urgency and available funds.

BECOMING A CATHOLIC If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr Matthew as soon as possible. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

MOBILE PHONES Please ensure that your mobile phone is switched off/turned to silent during the Celebration of the Mass.

VISITORS If you are a visitor to St Teresa’s then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to “*Gift Aid*” your Offertory donation, then please use one of the special “*Gift Aid*” envelopes which you will find at the back of the Church.



FR DOMINIC AT 50 Fr Dominic is turning 50 in September, and to mark the moment he is solo cycling 5000km between now and then – all without leaving Walsingham House at Abbotswick! He is raising money for the BCCS, Help Refugees, HCPT and Walsingham House. You can donate online,

and all the details are at <https://www.justgiving.com/crowdfunding/frdominic5000at50>. Or send cheques payable to "Fr D Howarth" to FrDominic5000at50, Walsingham House at Abbotswick, Navestock Side, Essex CM14 5SH.

ST JOHN BOSCO CHILDREN'S CAMP Do you know a child in need of a holiday between the ages of 8 and 13? The St John Bosco Children's Camp is an activities camp with a Catholic ethos situated in Aldham, Essex. The Camp runs on the following dates

Week 1: Saturday, 25 July - 01 August for Boys

Week 2: Saturday, 01 August - 08 August for Boys

Week 3: Saturday, 08 August - 15 August for Girls

Week 4: Saturday, 15 August - 22 August Mixed Camp

The suggested donation is £165 per week, including transport to and from London. Should you require an application form or more information then please visit our website - www.svpboscocamp.org.uk

THE PASSAGE is raising funds through the "Big Give" **from 12 noon on this coming Tuesday, (17 March) to 12 noon on Tuesday, 24 March** to support its work helping homeless people to move away from the street to a new home and to return to work. **"Double your Donation, Double your impact"**. This is a matched giving scheme for online donations. If someone (can be company, individual or trust) gives £10 online, matched giving would bring the Gift up to £20 (and for individuals to £22.50 with Gift Aid with higher rate tax relief it may cost the donor less than £10). For more information ring Andrew Hollingsworth on 020 75921886 or email him at andrew.h@passage.org.uk You can donate at <https://bit.ly/334RmGH>

RECOLLECTION FOR WOMEN The next Recollection evening will take place **from 7 pm to 9 pm on this coming Tuesday, (17 March)** at St Augustine's Church, Barkingside and all are welcome

ST CEDD'S LENTEN COURSE The course "The Sacraments transforming everyday life" runs **on successive Wednesdays** (11, 18, 25 March and Wednesday, 01 April) at 7.30 pm in the Main Hall. Everyone welcome.

YEAR OF THE GOD WHO SPEAKS We are encouraged during this year to focus on the three themes of celebrating, living and sharing God's word. So please do try to spend a few minutes this week, reading and reflecting on the Scriptures. During Lent, Brentwood Cathedral is hosting four lectures to mark the year of the "God Who Speaks" The third of these is taking place **on this coming Wednesday, (18 March)** entitled 'Sharing the Good News: Sacred scripture as beacon and promise. The lecturer is Dr Maria Heath, Chair of Catholic Charismatic Renewal. Free entry and all lectures

begin at 7.30 pm in Brentwood Cathedral Hall. Further details www.cathedral-brentwood.org

EVENTS ON THE GOSPEL OF JOHN At 7 pm on the **evenings of Wednesday, 18 and 25 March** at Christ the High Priest, Catholic Church, Gidea Park (RM2 6DH), Fr Adrian Graffy will continue his series of lectures about 'The Great Johannine Gospels'. These evenings will include a reading of the relevant gospel in parts. Please book your place for any of these events by email to GPstudydays@gmail.com or by phone to 01708 449914. For further information and video of past events go to www.whatgoodnews.org

COLCHESTER LENT TALKS (with guest speakers) will be held at St James the Less and St Helens church **every Friday at 7.30 pm until 03 April** in Cardinal Bourne Hall, Priory Street. The guest speaker for the next Lent Talk **on this coming Friday, (20 March)**, will be Valerie Quinliven, who will speak on the theme of 'What is Discipleship?' All are welcome - free admission.

ANOTHER VIEW ON WHY JESUS DIED: AT-ONE-MENT In preparation for Holy Week, this workshop, led by David Cherry, offers you the opportunity to look with fresh eyes at the story of our salvation and enter a vaster & life giving conversation about Jesus who came to bring us the good news of God. The workshop takes place at the London Jesuit Centre, 114 Mount Street, London W1K 3AH, **next Saturday, (21 March), from 11.00 am to 4pm**. Booking on www.pathwaystogod.org or ljc@jesuit.org.uk All warmly welcome.

THE REDEDICATION OF ENGLAND AS THE DOWRY OF MARY takes place throughout the country **on Sunday, 29 March. On that day at 3 pm**, there will be Exposition, Recitation of the Rosary, Vespers and Benediction at Ss Peter & Paul Church, Ilford. This is a joint service for the Palmer Partnership, and all are welcome.

ST JOHN VIANNEY, CLAYHALL All are welcome **on Thursday, 26 March at 7.30 pm** to hear Fr Neil Brett speak about "Mary's Dowry and the Rededication of England". The lecture will last about 40 minutes, followed by time for questions.

LENTEN REFLECTION AND REVISION RETREAT In school year 11-13? Struggling to find a quiet space to study for GCSEs, BTEC or A-levels? The weekend retreat at Walsingham House at Abbotswick, **from 8 pm on Friday, 27 to 3 pm on Sunday, 29 March**, will include reflective prayer, generous time for personal study, and relaxed social time, and will conclude with Mass. Meals included. Cost £35.

PLANTING TREES FOR THE FUTURE The Woodland Trust have granted 105 trees to Walsingham House at Abbotswick (Navestock Side, CM14 5SH), and they need a helping hand to plant them, So please come and lend a hand **on Saturday, 28 March, from 9.30 am-5 pm**. Come with a spade, and some sandwiches – we'll provide drinks and snacks. Please email josephbeattie@dioceseofbrentwood.org. or call 01277373959 so to let us know if you are coming along. As the area where we are planting includes beehives and a ditch, we suggest no very young children.

LONDON MARATHON 2020 Fr Marek (St Cedd's) will once again be running in the London Marathon **on Sunday, 26 April** on behalf of the Brentwood Catholic Children's Society (BCCS). If you would like to support him and this worthy cause, all you need to do is forward a donation to <https://uk.virginmoneygiving.com/MarekPabis2020>

SPONSORED SLEEPOUT **On Friday, 03 – Saturday, 04 April**, in the grounds of Walsingham House at Abbotswick. The evening begins at 8 pm with a film and talk; or arrive at 11 pm for Mass. Sleepout midnight – 7 am. In this freezing weather, it is very difficult for those who are sleeping on the streets. The Sleepout is a powerful way to understand what it feels like to sleep outside, while raising money for homeless charities. Groups should register by emailing frdominic@dioceseofbrentwood.org; individuals can register on www.bcys.net. Open to anyone aged 15-105 (those aged 15-18 must be part of a group and have parental consent).

BEGINNING EXPERIENCE WEEKEND A healing weekend for men and women who are separated, divorced or widowed will be held **from Friday, 03 to Sunday, 05 April** at the Domus Mariae Centre, Chigwell, Essex. For details please contact Freda 01322-838415 or Maura 01322-551503 or email johnbrotherton@hotmail.co.uk

ADULT QUIET RETREAT Enjoy the peace, prayer and stillness of Walsingham House at Abbotswick for a long weekend this summer; **Friday, 07 August (5 pm) to Monday, 10 August (11.00 am)**. Optional programme including Mass, Adoration, Reconciliation and social time; accommodation and all meals provided; single en-suite £225; twin en-suite £150 per person. Bursary for anyone in financial hardship. Full details from josephbeattie@dioceseofbrentwood.net, and on the website www.bcys.net. Maximum of 18 people – places will go quickly!

DIOCESAN LOURDES PILGRIMAGE Bishop Alan, supported by our Youth Service, will lead a pilgrimage to Lourdes **from 26 - 31 July**, flying from Southend Airport. This is a wonderful opportunity, including for the frail and those with needs, to pray at the Grotto, grow in faith, and enjoy the company of fellow pilgrims. Some brochures and booking forms are available at the

back of the Church or you can contact the tour operator, Tangney Tours, directly at www.tangney-tours.com/brentwood or on 01732 886885.

REGULAR ACTIVITIES AT ST CEDD'S Monday 10.00 am to 11.30 am –Mother & Toddler; Tuesday, 9.30 am to 11.00 am – Joe Jingles; 1 pm to 4 pm - Line Dancing; Wednesday, 1 pm to 3 pm – Bingo; Thursday, 1 pm to 4 pm – Keep Fit; Friday, 6.30 pm to 8.30 pm - Youth Club. For more information about any of these activities, which are open to all, please contact the Parish Office.

THE PENSIONERS ADVICE SERVICE The Service continues to provide an East London Pensioners Advice Service **every Thursday from 10.00 am until 1 pm** at Durning Hall Community Centre, Earlham Grove, Forest Gate, E7 9AB. Durning Hall is 2 minutes from Forest Gate Rail station and is disabled accessible. For more information please contact Sally Mulready on 0207 428 0471.

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicsingles.org.uk or email info@catholicsingles.org.uk

NEWSLETTER ITEMS If you have any items for inclusion in the weekly Newsletter then please email them to stteresas.np@gmail.com **The copy deadline for including items in the Newsletter is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition, but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities

ST JOHN'S RC SPECIAL SCHOOL, WOODFORD BRIDGE is recruiting for the following positions – SEN Teacher, Speech & Language Therapist, Classroom Support Assistants & Secretary. These are full-time, term time only roles in a school with students aged 5 - 25 with a wide range of special needs. Previous experience essential. For application packs please contact the school office on 020 8504 1818 or email office@stjohnsrcschool.co.uk stating the role you are interested in. Successful applicants will be subject to an enhanced DBS check. www.stjohnsrcschool.co.uk